

16th ESDF



Annual Conference of Egyptian Society of Diabetic Foot

10 - 11 October, 2024

Golden Jewel Hotel,
Alexandria



Prof. Hanan Gawish

Chair of ESDF

Prof. Manal Tarshoby

Chair of the Conference

Prof. Mamdouh EL-Nahas

Honorary Chair of ESDF

Prof. Omnia State

Conference Secretary

in collaboration with

**Diabetes, Metabolism & lipidology
Unit, Alexandria University**

Alexandria Doctors Syndicate

Prof. Magdy Helmy Megala

Prof. Abdel Moneim Fawzy

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Ass Prof. of Diabetes & Endocrinology

Dr. Aya Elbially

Lecturer of Diabetes & Endocrinology

Ass Prof. Ahmed Albehairy

Ass Prof. of Diabetes & Endocrinology

Dr. Mohamed Roshdy

Lecturer of Diabetes & Endocrinology

Welcome Letter

Dear Colleagues and Esteemed Guests,

On behalf of the Egyptian Society of Diabetic Foot, it is our great pleasure to welcome you to our upcoming Diabetic Foot Conference. This event promises to be an enlightening gathering of healthcare professionals dedicated to advancing the care and management of diabetic foot complications.

As we gather to share knowledge, research, and best practices, we are reminded of the critical role we play in improving the lives of individuals living with diabetes. With the increasing prevalence of diabetes in our region, it is more important than ever to focus on prevention, early detection, and effective treatment strategies for diabetic foot conditions.

This year's conference will feature a diverse lineup of experts in the field, engaging workshops, and interactive sessions that will cover the latest advancements in diabetic foot care, innovative treatment modalities, and multidisciplinary approaches to patient management. We encourage you to take this opportunity to network with peers, exchange ideas, and collaborate on initiatives that will enhance our collective efforts in combating diabetic foot complications.

We are excited to have you join us for what promises to be an inspiring and informative event. Together, we can make significant strides in raising awareness and improving outcomes for those affected by diabetes.



Prof. Manal Tarshoby
Conference President

National Faculty

Prof. Abdelmonaem Fawzy (Head of the Alexandria Doctors Syndicate)

Dr. Aboelmaaty Sherif (Consultant at Port Said)

Dr. Adel Salama (Libya)

Prof. Ahmed El Behairy (Mansoura University)

Prof. Alaa Abdelsalam (Menofia University)

Prof. Alaa Wafa (Mansoura University)

Prof. Arafa El-Shabrawy (Zagazig University)

Prof. Aya Elbially (Mansoura University)

Dr. Ayman Elgendy (Consultant at Port Said)

Prof. Azza Abdelkerim (Alexandria University)

Prof. Eman ElShorbagy (Zagazig University)

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Prof. Hanan Gawish (Mansoura University-ESDF President)

Dr. Hesham Metwaly (Suez Canal Authority)

Prof. Hossam Ghazy (Mansoura University)

Dr. Ibrahim Sabry (Internal Medicine Consultant, Damietta)

Prof. Khalifa Abdallah (Alexandria University)

Prof. Lobna El-Toony (Assiut University)

Prof. Magdy Megalla (Alexandria University)

Prof. Maha Bondok (Alexandria University)

Prof. Mamdouh El-Nahas (Port Said University)

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Prof. Marwa Khalil (Mansoura University)

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Prof. Nabil El-Kafrawy (Alexandria University)
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Dr. Sayed Elmasry (Consultant at Port Said)
Dr. Taher Al Kesa (Libya)
Prof. Talaat Abdelatty (Alexandria University)
Prof. Walaa Khalifa (Assiut University)
Dr. Yasmin Atwa (Mansoura University)
Prof. Yehia Ghanem (Alexandria University)

Thursday 10 October 2024

Scientific Program

10:00 – 11:00 AM

Registration

60 Min

Opening Session

11:00 – 11:30 AM

Prof. Abdelmonaem Fawzy

(Head of the Alexandria Doctors Syndicate)

Prof. Hanan Gawish

(Mansoura University-ESDF President)

Prof. Mamdouh El-Nahas

(Port Said University – Honorary Chair of ESDF)

Prof. Magdy Megalla

(Head of Diabetes, Metabolism & lipidology Unit, Alexandria University)

ESDF Seventeen Years of Diabetic Foot
Combat in Egypt

Prof. Manal Tarshoby

(Mansoura University-ESDF secretariat)

Session 1 : "Foot biomechanics"

Chairpersons Alphabetical:

Prof. Azza Abdelkerim (Alexandria University)

Dr. Adel Salama (Libya) 

Prof. Yehia Ghanem (Alexandria University)

11:30 – 11:50 AM	Falls and the role of foot on stability Prof. Mamdouh El-Nahas (Port Said University)	20 Min
11:50 – 12:10 PM	Foot Deformities Impact on Biomechanics Prof. Ahmed Elbeheiry (Mansoura University)	20 Min

MSD Symposium

12:10 – 12:30 PM	Clinical efficacy and safety profile of sitagliptin therapy in newly diagnosed patients Prof. Magdy Megalla (Alexandria University)	20 Min
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Pharco Symposium

12:30 – 12:50 PM	Vit b12 beyonds diabetic neuropathy Prof. Aya El-Bialy (Mansoura University)	20 Min
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Session 2 : "Foot as a mirror for vascular disease"

Chairpersons Alphabetical:

Prof. Khalifa Abdallah (Alexandria University)

Prof. Nabil El-Kafrawy (Alexandria University)

Prof. Noha Gaber (Alexandria University)

12:50 – 01:10 PM	PAD in diabetics: The Underestimated Trap Prof. Ramy Samir Assad (Alexandria University)	20 Min
01:10 – 01:30 PM	Vasculitis: The Missed Part Prof. Samar Tharwat (Mansoura University)	20 Min
01:30 - 01:50 PM	Lymphedema: The Difficult Issue Prof. Mohamed Awad (Zagazig University)	20 Min
Novo Nordisk Symposium		
01:50 - 02:10 PM	Oral Semaglutide, The first and only oral GLP-1RA Dr. Marwa Khalil (Mansoura University)	20 Min
Novo Nordisk Symposium		
02:10 – 02:30 PM	Benefits of Insulin Degludec in Meeting the Needs of patients with T2DM Prof. Alaa Abdelsalam (Menofia University)	20 Min
02:30 – 02:50 PM	Break	20 Min

Session 3 : " Team Work Approach

Chairpersons Alphabetical:

Prof. Islam Eid (Mansoura University)

Prof. Maha Bondok (Alexandria University)

Prof. Mohamed Kamar (Zagazig University)

Dr. Sayed El-Masry (Consultant at Port Said)

02:50 - 03:10 PM	Role of Diabetologist in DF Prof. Walaa Khalifa (Assiut University)	20 Min
03:10 - 03:30 PM	Nutrition for wound healing Prof. Noha Abbas (Zagazig University)	20 Min
03:30 - 03:50 PM	Surgical Offloading Prof. Samer Ali (Mansoura University)	20 Min
03:50 - 04:10 PM	Diabetic Foot- Lybian perspective Dr. Adel Salama (Libya) 	20 Min

Session 4 : " Recent trends in wound dealing "

Chairpersons Alphabetical:

Prof. Eman El-Shorbagy (Zagazig University)

Prof. Sayed Abdelfattah (Delta University)

Dr. Taher Al Kesa (Libya) 

04:10 - 04:30 PM	Physical medicine modalities in wound healing Dr. Mohamed Elsayed (Mansoura University)	20 Min
04:30 - 04:50 PM	Oxygen therapy for wound healing Prof. Aya Elbialy (Mansoura University)	20 Min

Pharco Symposium

04:50 - 05:10 PM	Diabetic neuropathy management : issues & challenges Prof. Arafa El-Shabrawy (Zagazig University)	20 Min
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Workshop

Chairpersons Alphabetical:

Dr. Aboelmaaty Sherif (Consultant at Portsaid)

Prof. Mohamed Shawky (Banha University)

Prof. Mohamed Yakoot (Mansoura University)

05:10 - 06:10 PM	Offloading and Footwear Dr. Mohamed Roshdy (Mansoura University) Dr. Noha Shosha (Mansoura University)	60 Min
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Friday 11 October 2024

Scientific Program

Workshop (Sponsored by EVA Pharma)

11:00 - 12:15 PM	Diabetic Foot Screening Prof. Hanan Gawish (Mansoura University) Prof. Fady Azmy (Mansoura University)	60 Min
12:15 – 2:00 PM	Break & Gomaa Prayer	135 Min

Session 5 : " Diabetic Foot Infection "

Chairpersons Alphabetical:

Prof. Lobna El-Toony (Assiut University)

Prof. Fareed Fawzy (Zagazig University)

Dr. Fayez Kenawy (Mansoura University)

Prof. Hossam Ghazy (Mansoura University)

Dr. Mesbah Kamel (Consultant at Minya)

Prof. Talaat Abdelaaty (Alexandria University)

02:00 – 02:20 PM	Pearls of Diabetic Foot Infection Prof. Omnia state (Mansoura University)	20 Min
02:20 – 02:40 PM	Impact of Diabetic foot on Diabetes management Prof. Mohamed Motawea (Mansoura University)	20 Min
02:40 - 03:00 PM	Osteomyelitis : To operate or not Dr. Yasmine Atwa (Mansoura University)	20 Min
Sanofi Symposium		
03:00 - 03:20 PM	Make it Simple & Effective ! Prof. Fady Azmy (Mansoura University)	20 Min
Sanofi Symposium		
03:20 - 03:40 PM	When Right & Early Treatment Are Crucial Prof. Rania Bahriz (Mansoura University)	20 Min

Cases

Chairpersons Alphabetical:

Prof. Alaa Wafa (Mansoura University)

Dr. Hesham Metwally (Suez Canal Authority)

Dr. Ibrahim Sabry (Internal Medicine Consultant, Damietta)

Dr. Saad Elalamy (Consultant at Portsaid)

Dr. Ayman Elgendy (Consultant at Portsaid)

03:40 - 04:00 PM	Charcot Foot Dr. Mohamed Adel (Mansoura University)	20 Min
04:00 - 04:20 PM	Unilateral Foot Pain Dr. Mona Ahmed Sayed (Mansoura University)	20 Min
Al Esraa Pharma Symposium		
04:20 - 04:40 PM	Anaemia and Diabetic Foot Ulcers: Is There A Link ? Prof. Mohamed Awad (Zagazig University)	20 Min
04:40 PM	Closing	

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17th ESDF



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